

A Simple form of Morning Prayer during lent

St Peter's Church, Carmarthen

1. THE INTRODUCTION

O Lord, open our lips,
And our mouth shall proclaim your praise.

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning, is now,
and shall be for ever. Amen.**

Silent prayer/reflection on the coming day.

Early in the morning
my prayer comes before you.
Lord, have mercy.
Lord, have mercy.

You speak in my heart and say
'Seek my face';
your face, Lord, will I seek.
Christ, have mercy.
Christ, have mercy.

Let the words of my mouth and the meditation of my heart
be acceptable in your sight, O Lord,
my strength and my redeemer.
Lord, have mercy.
Lord, have mercy.

2. THE MINISTRY OF THE WORD

Psalmody

Each of the psalms appointed for the day ends with

**Glory to the Father, and to the Son :
and to the Holy Spirit;
as it was in the beginning, is now :
and shall be for ever. Amen.**

The Biblical reading

Before the reading

A reading from ...

After the reading

Here ends the reading.

A short period of silence for reflection on the reading.

The Gospel Canticle: Benedictus Dominus Deus Israel

**Christ your light shall rise in the darkness,
and your healing shall spring up like the dawn**

¹Blessed be the Lord the God of Israel :
for he has come to his people and set them free.

²The Lord has raised up for us a mighty Saviour :
born of the house of his servant David.

³Through his holy prophets God promised of old
to save us from our enemies :
from the hands of all who hate us.

⁴To show mercy to our forebears :
and to remember his holy covenant.

⁵This was the oath God swore to our father Abraham :
to set us free from the hands of our enemies,

⁶Free to worship him without fear :
holy and righteous before him all the days of our life.

⁷And you, child, shall be called
the prophet of the Most High :
for you will go before the Lord to prepare his way,

⁸To give his people knowledge of salvation :
by the forgiveness of their sins.

⁹In the tender compassion of our God :
the dawn from on high shall break upon us,

¹⁰To shine on those who dwell in darkness
and the shadow of death :
and to guide our feet into the way of peace.

**Glory to the Father, and to the Son :
and to the Holy Spirit;
as it was in the beginning, is now :
and shall be for ever. Amen.**

**Christ your light shall rise in the darkness,
and your healing shall spring up like the dawn**

3 THE PRAYERS

At Morning Prayer, prayers are offered for the day and its tasks, for the world and its needs and for the Church and its life.

Lord, in your mercy,
hear our prayer.

As our Saviour taught us, we boldly pray:
Our Father, who art in heaven ...

The Collect of the Day is said.

The second collect, for peace.

O God, the author of peace and lover of concord,
to know you is eternal life,
to serve you is perfect freedom:
defend us in all assaults of our enemies,
that we, surely trusting in your protection,
may not fear the power of any adversaries;
through Jesus Christ our Lord. Amen.

The third collect, for grace.

O Lord and heavenly Father, almighty and everlasting God,
we thank you for bringing us safely
to the beginning of this new day:
defend us by your mighty power
that we may be kept free from all sin
and safe from every danger;
and enable us in everything
to do only what is right in your eyes;
through Jesus Christ our Lord. Amen.

4 THE CONCLUSION

May God the Father,
who does not despise the broken spirit,
give to you a contrite heart. **Amen.**

May Christ,
who bore our sins in his body on the tree,
set you free to die to sin and live in righteousness. **Amen.**

May the Holy Spirit,
who leads us into all truth,
speak to you words of pardon and peace. **Amen.**

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